

# Chronic co-modulation of 5-HT<sub>4</sub> and 5-HT<sub>6</sub> serotonergic receptors: a new hope to treat cognitive deficits?

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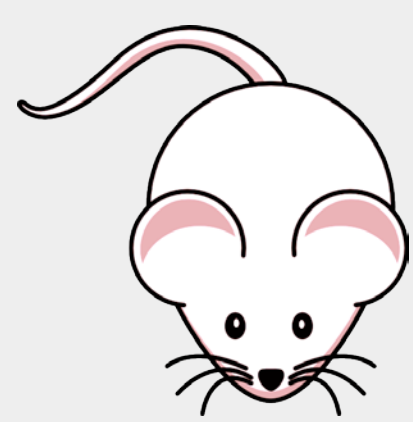
## Introduction

Current treatments for **Alzheimer's disease** only have symptomatic effects. Moreover, they often focus on a single targeted drug. Both **5-HT<sub>4</sub> and 5-HT<sub>6</sub> serotonergic receptors** (5-HT<sub>4</sub>R and 5-HT<sub>6</sub>R) are located in brain structures involved in memory processes, and therefore are among potent **targets of interest**. Neurochemical and behavioural studies have showed that activation of 5-HT<sub>4</sub>R<sup>1,2</sup> and blockade of 5-HT<sub>6</sub>R<sup>3,4</sup> improve memory processes. A therapeutic approach combining a **simultaneous modulation of these two receptors** could be an interesting and **innovative strategy**. We investigated in mice the effects of **chronic 5-HT<sub>4</sub>R activation** or **chronic 5-HT<sub>6</sub>R blockade** on **episodic-like memory**.

## Methods

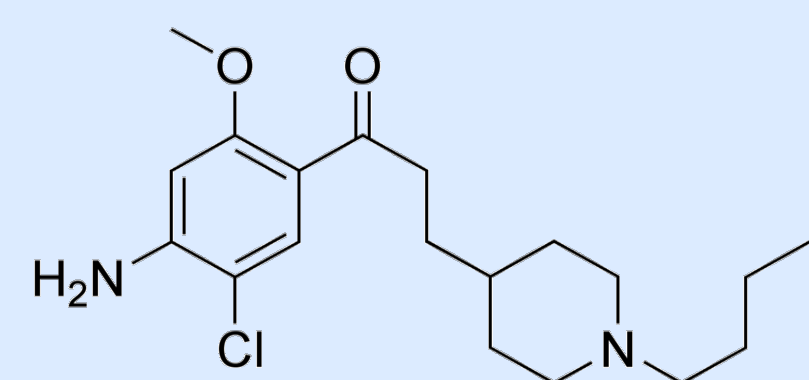
### Animals

NMRI male mice

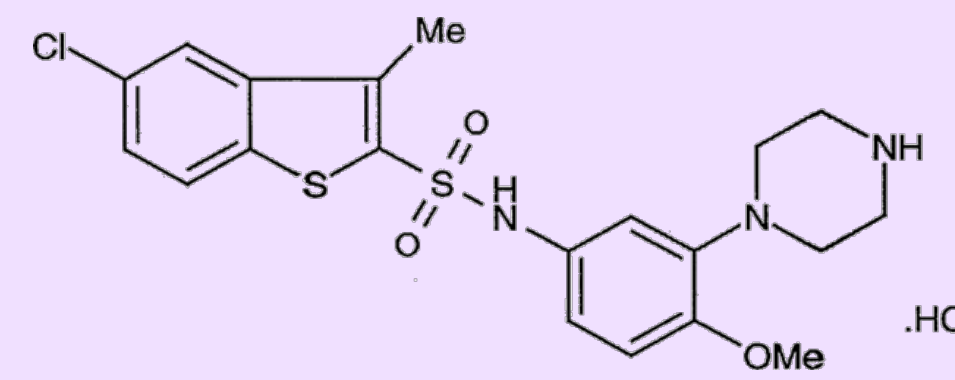


6 weeks old

### Pharmacological agents



RS 67333  
5-HT<sub>4</sub>R partial agonist

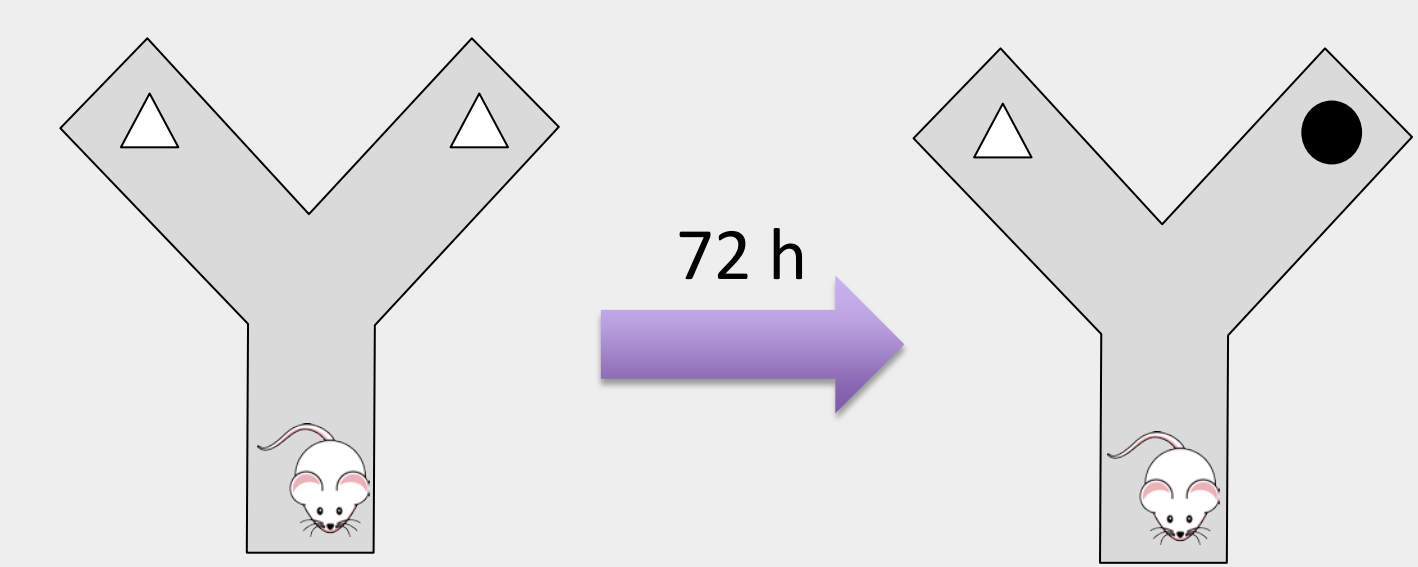


SB-271046  
5-HT<sub>6</sub>R antagonist

Chronic administration (1 per day, 14d)

### Novel object recognition test in Y-maze<sup>5</sup>

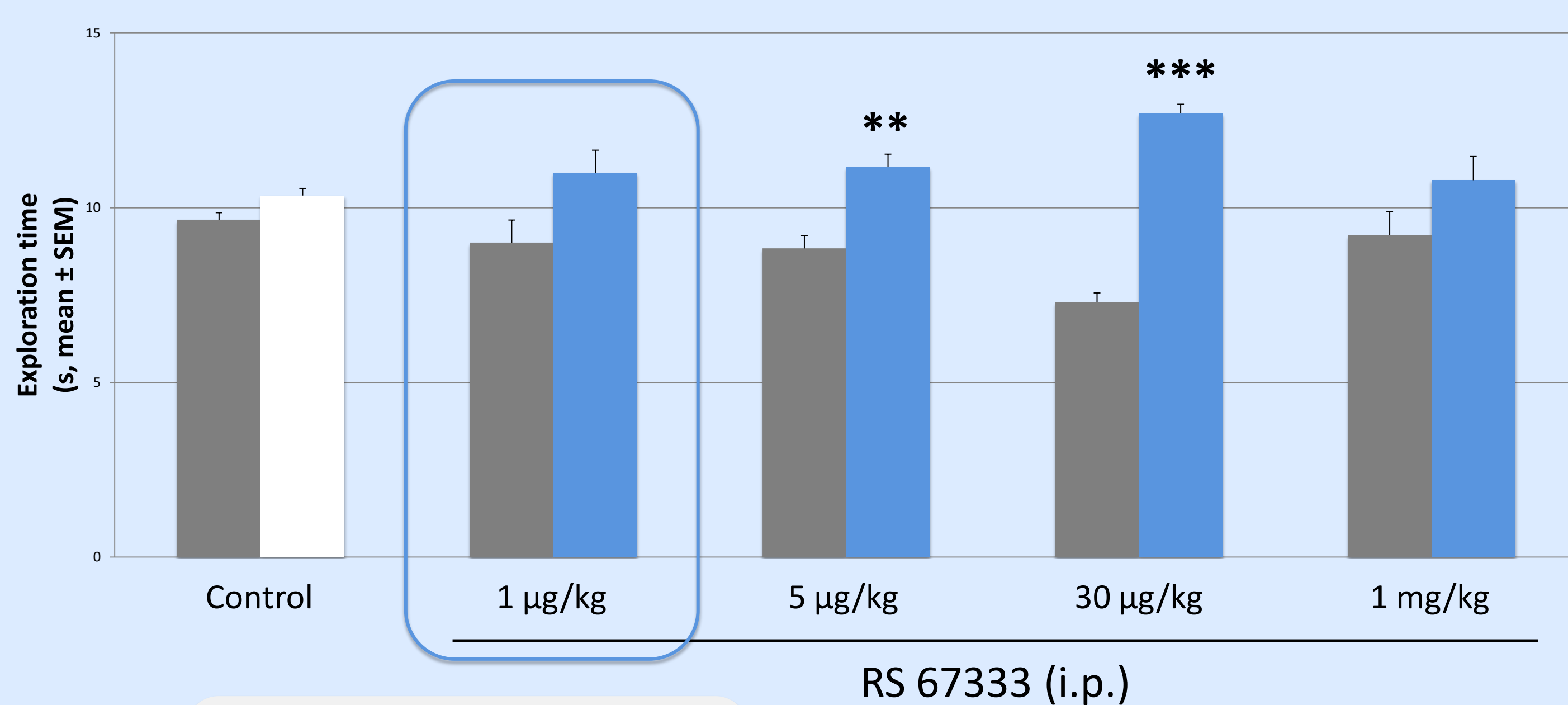
Criterion of exploration of both objects : 20s



Beginning the day after the last injection

### Chronic activation of 5-HT<sub>4</sub>R

■ Familiar object  
■ Novel object

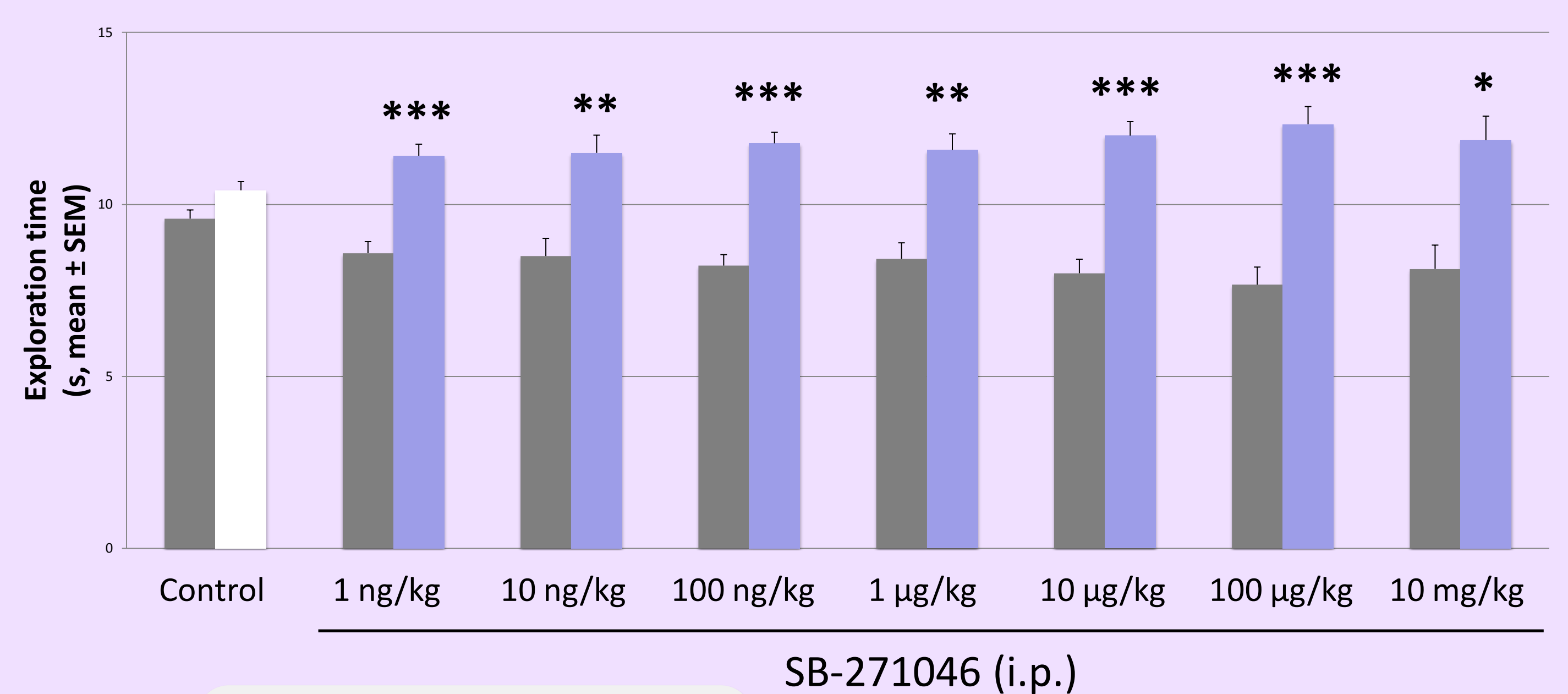


RS 67333 effective at 5 µg/kg  
Sub-active dose = 1 µg/kg

(n=12 per treatment group)  
different from 10 (absence of discrimination) : \*\* p<0.01; \*\*\* p<0.001

### Chronic blockade of 5-HT<sub>6</sub>R

■ Familiar object  
■ Novel object



SB-271046 effective at 1 ng/kg  
No sub-active dose

(n=12 per treatment group)  
different from 10 (absence of discrimination) : \* p<0.05; \*\* p<0.01; \*\*\* p<0.001

## Discussion

We showed that **chronic activation of 5-HT<sub>4</sub>R** and **chronic blockade of 5-HT<sub>6</sub>R** improve **episodic-like memory performances at very low doses**. Along with the research of a sub-active dose of SB-271046 to perform co-modulation experiments, we will shed light on mechanisms involved in the efficiency of this chronic modulation at very low doses. To this end, we will assess the effects of a chronic modulation on the **expression of 5-HT<sub>4</sub>R and 5-HT<sub>6</sub>R**, on **neurogenesis** and on the liberation of **neurotransmitters**, particularly acetylcholine and glutamate. Although these further experiments are required to conclude, our findings showed that the **co-modulation of 5-HT<sub>4</sub>R and 5-HT<sub>6</sub>R** could represent a **novel therapeutic approach in the treatment of Alzheimer's disease**. The efficiency of very low doses used herein let foresee **very low adverse effects**, hopefully transposable to clinics.

No potential conflict of interest

<sup>1</sup> Consolo S, Arnaboldi S, Giorgi S, Russi G and Ladinsky H (1994). 5-HT<sub>4</sub> receptor stimulation facilitates acetylcholine release in rat frontal cortex. *Neuroreport*. 5:1230-1232.

<sup>2</sup> Levallet G, Hotte M, Boulouard M and Dauphin F (2009). Increased particulate phosphodiesterase 4 in the prefrontal cortex supports 5-HT<sub>4</sub> receptor-induced improvement of object recognition memory in the rat. *Psychopharmacology* 202:125-139.

<sup>3</sup> Marcos B, Gil-Bea FJ, Hirst WD, Garcia-Alloza M and Ramirez MJ (2006). Lack of localization of 5-HT<sub>6</sub> receptors on cholinergic neurons: implication of multiple neurotransmitter systems in 5-HT<sub>6</sub> receptor-mediated acetylcholine release. *Eur J Neurosci*. 24:1299-1306.

<sup>4</sup> Da Silva Costa V, Duchatelle P, Boulouard M and Dauphin F (2009). Selective 5-HT<sub>6</sub> receptor blockade improves spatial recognition memory and reverses age-related deficits in spatial recognition memory in the mouse. *Neuropsychopharmacology*. 34:488-500.

<sup>5</sup> Leger M, Quiedeville A, Paizanis E, Natkunarajah S, Freret T, Boulouard M and Schumann-Bard P (2012). Environmental enrichment enhances episodic-like memory in association with a modified neuronal activation profile in adult mice. *PLoS ONE* 7(10): e48043. doi:10.1371/journal.pone.0048043